



JFK Ski Club Winter Term Calendar 2023 (14.12.22)

Selected children only
LEKI Cups – only with license

JFK Ski Club children only
All JFK Ski Club members

Adults Ski Club members only

<u>DATE</u>	<u>ACTIVITY SCHEDULED</u>	<u>yes/no</u>
Sun. Jan 8	- LEKI Slalom (2 courses), Racing Center Saanen (only for racers with license)	<input type="checkbox"/>
Tues. Jan 10	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Thurs. Jan 12	- GA and Welcome Cocktail and Dinner at 16 Saanen (details to follow)	<input type="checkbox"/>
Sat. Jan 14	- Race and technique training (9h45 – 12h15) Ruebeldorf chairlift	<input type="checkbox"/>
	- Followed by JFK Ski Club Safari with Charity purpose at Eggli for all JFK Ski Club family	<input type="checkbox"/>
Sun. Jan 15	- Team Ski race, Wispile, born 2016 – 2007	<input type="checkbox"/>
Tues. Jan 17	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Wed. Jan 18	- Parents skiing in Saanen 9h30 – 11h30 with teachers	<input type="checkbox"/>
Thurs. Jan 19	- Snowshoeing 9h30 – 11h30, place t.b.c.	<input type="checkbox"/>
Sat. Jan 21	- Race and technique training (9h45 – 12h15) Ruebeldorf chairlift	<input type="checkbox"/>
Sun. Jan 22	- Triangular ski race at Wasserngrat for children born 2009 - 2014	<input type="checkbox"/>
Sun. Jan 22	- LEKI GS (2 courses), Racing Center Meiringen (only for racers with license)	<input type="checkbox"/>
Tues. Jan 24	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Sat. Jan. 28	- LEKI Ski cross race in Lenk (only for racers with license)	<input type="checkbox"/>
Sat. Jan 28	- Race and technique training (9h45 – 12h15) Ruebeldorf chairlift	<input type="checkbox"/>
Sun. Jan 29.	- Grand Prix Migros, Adelboden for all children 2016 and older	<input type="checkbox"/>
Tues. Jan 31	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Thurs. Feb 2	- Snowshoeing 9h30 – 11h30, place t.b.c.	<input type="checkbox"/>
Sat. Feb. 4	- Race and technique training (9h45 – 12h15) Ruebeldorf chairlift	<input type="checkbox"/>
	- Swiss Massiv Ski Test for JFK Ski Club Members in Saanen Ruebeldorf	<input type="checkbox"/>
	- Followed by activity with Gstaad Mountain Rides on Eggli – behind the scenes	<input type="checkbox"/>
Sun. Feb 5	- Full Moon Skiing at Wasserngrat with Dinner	<input type="checkbox"/>
Tues. Feb 7	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Wed. Feb 8	- Parents skiing in Saanen 9h30 – 11h30	<input type="checkbox"/>
Sat. Feb. 11	- LEKI GS (2 courses) in Frutigen (only for racers with license)	<input type="checkbox"/>
Sun. Feb. 12	- Lovell Memorial Cup for all JFK Family, adults and children, Schopfen T-bar	<input type="checkbox"/>
Tues. Feb. 14	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Thurs. Feb 16	- Snowshoeing 9h30 – 11h30, place t.b.c.	<input type="checkbox"/>
Fri. Feb. 17	- Race and technique training, 13h15 – 15h45 Saanen	<input type="checkbox"/>
Sat. Feb 18	- Heiti Cup for children 2012 – 2016, Gsteig T-bar	<input type="checkbox"/>
Sun. Feb. 19	- Race Day St. Stephan, 2016 – 2007, St. Stephan	<input type="checkbox"/>
	- B.I. Collections surprise event	<input type="checkbox"/>
Mon. Feb. 20	- Race and technique training 13h15 – 15h45 Saanen	<input type="checkbox"/>
Tues. Feb. 21	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Wed. Feb 22	- Parents skiing in Saanen 9h30 – 11h30	<input type="checkbox"/>
Sat. Feb. 25	- Race and technique training, 13h15 – 15h45, Saanen	<input type="checkbox"/>
Sat. Feb 25	- LEKI Cup Slalom (2 courses) in Wiriehorn, (only for racers with license)	<input type="checkbox"/>
Sun. Feb. 26	- LEKI Cup GS (2 courses) in Habkern (only for racers with license)	<input type="checkbox"/>
Mon. Feb. 27	- JFK Ski Club Slalom Challenge at Night (2011-2012) – adults needed to help, thanks	<input type="checkbox"/>
Tues. Feb. 28	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00 with teacher	<input type="checkbox"/>
Wed. March 1	- Ludi (Slalom) & Landi (GS) Cup, full day for racers (2016 – 2007)	<input type="checkbox"/>
Thurs. March 2	- Snowshoeing 9h30 – 11h30, place t.b.c.	<input type="checkbox"/>
Sat. March 4	- LEKI Cup (BOSV Championships) GS on Wasserngrat (only for racers with license)	<input type="checkbox"/>
	- Race and technique training, (9h45 – 12h15) Schopfen T-bar	<input type="checkbox"/>
Sun. March 5	- LEKI Cup (BOSV Championships) SL on Wasserngrat (only for racers with license)	<input type="checkbox"/>
	- Full moon Skiing at Wasserngrat with dinner	<input type="checkbox"/>
Sat. March 11	- JFK Ski Club Championships at Schopfen Eggli	<input type="checkbox"/>
Sun. March 12	- Lauenen Cup GS in Lauenen, 2016 – 2012	<input type="checkbox"/>
Tues. March 14	- Ski Club Cross Country Training in Schönried, 9h00 – 10h00	<input type="checkbox"/>
Wed. March 15	- Parents skiing in Saanen 9h30 – 11h30	<input type="checkbox"/>

Thurs. March 16	-	Snowshoeing 9h30 – 11h30, place tbc	<input type="checkbox"/>
Sat. March 18	-	Mobi-Cup Combi Race, 2007 – 2016, Horneggli, chairlift Schönried	<input type="checkbox"/>
Sun. March 19	-	LEKI Cup Slalom in Rougemont (only for racers with license)	<input type="checkbox"/>
Tues. March 21	-	Ski Club Cross Country Training in Schönried, 9h00 – 10h00	
Sat. March 25	-	Race and technique training (9h45 – 12h15), Ruebeldorf Saanen	<input type="checkbox"/>
Wed. March 29	-	Physical Test for the RLZ Selection (Swiss Power Test) in Spiez	
Fri.-Sun. March 31-2.Apr		Migros Grand Prix Final in Les Diablerets	
Tues. April 4	-	Technical Test for RLZ selection for 2007 – 2009 in Lenk or Horneggli	
Wed. April 5	-	Technical Test for RLZ selection for 2010 – 2012 in Lenk or Horneggli	
Sat. April 08	-	LEKI Final Parallel Slalom in Grindelwald (only for racers with license)	<input type="checkbox"/>

Name _____ Surname _____ D.O.B. _____

Name _____ Surname _____ D.O.B. _____

Name _____ Surname _____ D.O.B. _____

Signature from parent _____

Kindly complete one form per child and adult and send to skiclub@jfk.ch by not later than **December 23rd 2022**.
Keep a copy for you – thank you!

Katrin and JFK Coaches